

# Instructions for Left/Right Hand Coordination Exercises

Apply this exercise to the "Left Hand Speed and Dexterity  
and Left/Right Hand Coordination exercises

Red Desert Violin

Build L/R Coordination playing the patterns in detache' (no slurs)



Etcetera



Build L/R hand coordination by starting with 4 reps of each pitch, then 2, then 1. Play this in all 4 finger patterns, on all 4 strings. Play starting at Quarter Note=60. Once you can do this whole exercise, you will notice a marked improvement in your L/R hand coordination.